

1 855 554 HEAL

# Talk4Healing

A Help Line for Aboriginal Women



## Helping Aboriginal Women to Find Healing

**Talk4Healing** is a free and culturally safe telephone help line for Aboriginal Women living in Northern Ontario.

- **Free & Confidential**
- **24 hours a day**
- **7 days a week**
- **Services in English, Ojibway, Oji-Cree and Cree**

**Your journey to healing starts here.** Simply call in and find a caring person to talk to in confidence.

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## We provide:

- Culturally sensitive crisis counselling, advice and support
- Personalized information and referrals
- Acceptance of Aboriginal women's issues in a non-judgmental way
- Help to find the path to personal healing
- Scheduled telephone counselling sessions



**Talk4Healing** is available to all Aboriginal women living in urban, rural and remote communities, both on and off reserve, throughout Northern Ontario.

**For more information please visit:**

**[www.talk4healing.com](http://www.talk4healing.com)**

